

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1	2 10:45 Standing Exercise 10:45 Wing Programs 1:30 Beauty Hour 3:30 Sunset Visits 6:30 Bocce Ball	3 10:45 Wing Programs 2:30 Shuffleboard 6:30 Travelogue: Wild Shore <i>Virtual Visits</i>	4 10:30 Current Events 2:30 Mother's Day Tea with Harpist Elizabeth Gossen 6:30 Table Games	5 10:00 NKMC Chapel 10:45 Wing Programs 1:30 BINGO 3:30 Sunset Visits 6:30 Spring Sundaes	6 10:00 Life Review 10:45 Trivia 2:30 Mother's Day Tea with Harpist Elizabeth Gossen	7 9:30 Colouring 11:00 Exercise
8 	9 10:00 Chapel 10:45 Gentle Stretches 10:45 Wing Programs 1:30 Beauty Hour 3:00 German Hymns 3:30 Sunset Visits 6:30 Floor Crokinole	10 10:45 Wing Programs 1:30 Horse Racing 3:00 Resident Council Meeting 6:30 Travelogue: Wonders of Nature	11 10:30 Current Events 1:30 Bowling 1:30 Wing Programs 6:30 Table Games	12 10:00 Douglas MC Chapel 10:45 Wing Programs 1:30 BINGO 3:30 Sunset Visits 6:30 Spring Sundaes	13 10:00 Life Review 11:30 French Fry Friday 2:30 Neil Keep Entertains	14 No Regular Scheduled Programs
15 "Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul"	16 10:00 Chapel 10:45 Standing Exercise 10:45 Wing Programs 1:30 Beauty Hour 3:00 German Hymns	17 10:45 Wing Programs 2:30 Shuffleboard <i>Virtual Visits</i>	18 10:00 German Music 10:45 Current Events 2:00 Virtual Memorial Service	19 10:00 Sargent Ave Chapel 10:45 Wing Programs 1:30 BINGO	20 10:00 Life Review 10:45 Trivia 2:30 Entertainment with Leo Gosselin And his Chapman Stick	21 No Regular Scheduled Programs <small>Armed Forces Day</small>
22 	23 No Regular Scheduled Programs Victoria Day	24 10:45 Wing Programs 2:30 Horse Racing <i>Virtual Visits</i>	25 10:00 German Music 10:45 Current Events 2:30 Bowling 2:30 Wing Programs	26 10:00 First MC Chapel 10:45 Wing Programs 1:30 BINGO	27 10:00 Life Review 10:45 Trivia 2:30 May Birthday Party with B - Side Apostles	28 9:30 Colouring 11:00 Exercise
29 Resident self-directed activities supported by Therapeutic Recreation.	30 10:00 Chapel 10:45 Gentle Stretches 10:45 Wing Programs 1:30 Beauty Hour 3:00 German Hymns 3:30 Sunset Visits 6:30 Ladder Golf <small>Memorial Day</small>	31 10:45 Wing Programs 2:30 Shuffleboard 6:30 Travelogue: Scenic Wonders Part 1 <i>Virtual Visits</i>	<div>  <h1>May 2022</h1> <h2>Bethania Therapeutic Recreation Calendar</h2> </div>			

Please check Recreation boards daily as programs may change without notice. Individual programs implemented on a daily basis.